

DEFENCE COMMUNITY ORGANISATION

*The Defence Community Organisation
Defence capability by delivering family
services, information and programs to
commanders of the Australian Defence*



DCO supports ADF families in peace and war

WELCOME TO EAST SALE



Australian Government

Department of Defence

Welcome to East Sale

This Welcome Book has been prepared by the Defence Community Organisation (DCO) for Defence personnel and their families posting to the Sale region.

The book captures a wide range of general and local information to assist you to settle into your new location. Sale and the surrounding region have a lot to offer you, making this a posting with many exciting opportunities.

We have endeavoured to include as much information as possible in this guide, however if you have specific needs or require further information, please feel free to contact us. A list of essential services and useful contact numbers is included at the back of the book.

Your local DCO team hopes you enjoy your posting and we look forward to being of assistance to you.

'DCO supports ADF families in peace and war'

Publisher's Note:

While every effort has been made to ensure the accuracy of the information given in this publication, the publishers do not, in any way, accept liability for inaccuracies or for any loss of any kind caused through editorial material.

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Defence Support Services

Defence Community Organisation (DCO)

How We Can Assist You

On behalf of Command, DCO delivers a broad range of targeted programs and services to support ADF personnel and their families to balance the demands of military service with personal and family commitments.

Your local DCO team is staffed by social workers, military support officers, regional education liaison officers, family liaison officers and administrative staff who are available to assist you and your family through the provision of:

- support in time of crisis
- information on Defence matters in general
- advice on community, recreational and interest groups
- deployment support
- mobility support
- professional counselling for personal, relationship and family problems
- various courses, information sessions and support groups
- specialist education advice and assistance
- special needs recognition and review
- employment assistance
- child care assistance.

Upon your arrival, please contact our staff if you would like further information not covered in this publication or if you would like to be linked to local Defence and community activities and support groups.

Where To Find Us

Building 122
Base Training Centre
RAAF Base East Sale
Tel: (03) 5146 6029
Fax: (03) 5146 6015
Email: dco.sale@defence.gov.au

DCO Website

The DCO website <http://www.defence.gov.au/dco> provides ready access to information for Defence families on a broad range of ADF member and family topics.

After Hours Emergency Support

The DCO Office is open from 8.30am to 5pm, Monday to Friday. All requests for emergency DCO assistance outside these hours and on public holidays should be directed to the National Welfare Coordination Centre (NWCC) on Tel: **1800 801 026**.

NWCC will not transfer callers directly to DCO but, where necessary, will pass a request for assistance to a DCO Duty Officer who will return the call. DCO assistance out of hours is available in emergency situations only. Any non-emergency cases are referred for follow-up assistance during normal business hours.

DCO Frankston is part of our extended team and can be contacted on Tel: (03) 9783 9344 if you are having difficulties contacting local the DCO.

Family Information Network for Defence (FIND)

Tel: 1800 020 031 (freecall)

Email: dsc.find@defence.gov.au

The Family Information Network for Defence is a phone service that provides information on any matter of interest or concern to Defence families. It is available to every Service person and family, anywhere in Australia, in absolute confidence, free of charge.

Ken Morrison Centre

East Sale Chaplaincy

Life is to be lived; people often think in terms of a journey or search, where we seek things necessary for a complete life. It's easy to recognise our physical needs for food, clothing, shelter etc. Other needs are just as necessary to human life: relationships, a sense of meaning and purpose, values, self-esteem and a sense of belonging. To put it another way, it is not good to be consistently lonely, to feel rejected, to be confused, to be unprincipled. We need spiritual things for a decent life.

The RAAF recognises this dimension and appoints chaplains (among others) to support members in the business of living life – to help us build relationships, find meaning and purpose, and grow in character, so that we are not only better servicemen/women, but so we live life more fully.

So, the chaplain is not just for emergencies – trauma, deaths, welfare loans and emotional crises. Chaplaincy is about life!

East Sale chaplaincy:

- is dedicated to the wellbeing of the people of RAAF East Sale, especially in spiritual matters
- serves the members and dependants of RAAF East Sale
- represents the wider Christian church in its ministry to ADF personnel.

To do this, the chaplains:

- lead worship in the chapel community and assist other groups as contexts where people together and intentionally grow in spirit
- provide pastoral care when needed, to help members and families through the crises and pressures of life
- conduct weddings, baptisms, funerals etc.
- are available to discuss issues that arise – ethical, religious, relational and so on
- administer the RAAF Welfare Trust Fund (a low-cost loans scheme)
- contribute to ceremonial occasions and arrange services on specific occasions
- provide feedback affecting the welfare and morale of members and their families.

Chapels

The chapels are located on Heart Road at the Ken Morrison Centre. St John's Chapel is a small chapel, used for quiet times and reflection.

St Mark's Chapel is where worship services are held every Sunday at 9am, followed by morning tea. Sunday school is held every fortnight.

You can contact the chaplain on:

Tel: (03) 5146 6040

or by dropping into the office.

Psychology Services

The Psychology Support Section is located at the Ken Morrison Centre and provides psychological services to all ADF units and military personnel located at East Sale.

Psychologists have particular expertise in:

- improving performance in training or in the workplace
- non-directive and unbiased counselling for personal issues
- advising on vocational decisions
- assisting with the management of stress problems
- advice on alcohol and drug matters
- improving time management, study skills or motivation
- assessing human potential through tests of ability, personality and interests.

Appointments can be arranged by phoning the Base Psychologist on Tel: (03) 5146 6046 or the Psychology Assistant on Tel: (03) 5146 6043.

Defence

Defence Force Elements Based at East Sale

- Headquarters Air Training Wing (HQATW)
- Combat Support Unit East Sale (CSUESL)
- Central Flying School (CFS)
- School of Air Warfare (SAW)
- School of Air Traffic Control (SATC)
- Number 32 Squadron (32SQN)
- Number 44 Wing Air Traffic Control Detachment East Sale
- Defence Material Organisation Unit
- Training Aircraft System Program Office (TASPO)
- Corporate Services Infrastructure Group (CSIG)
- A Squadron 4th/19th Prince of Wales Light Horse Regiment
- 409 Squadron Australian Air Force Cadets

Headquarters Air Training Wing (HQATW)

The Air Training Wing is commanded by the Officer Commanding Air Training Wing (OC ATW). The Air Training Wing comprises units responsible for the RAAF's basic flying and associated training. These include: Central Flying School, School of Air Warfare and School of Air Traffic Control at East Sale; 2 Flying Training School at Pearce; the ADF Basic Flying Training School at Tamworth; and the Combat Survival Training School at Townsville. OC ATW

has airworthiness responsibilities for the RAAF Museum at Point Cook and the RAAF Balloon Flight at Fairbairn.

OC ATW is supported by HQATW, which is located at RAAF Base East Sale in the Base HQ building. HQATW has a staff of about 14.

Combat Support Unit East Sale (CSUESL)

Combat Support Unit East Sale (CSUESL) provides military-specific support and services at RAAF Base East Sale, allowing the specialist units to concentrate on their primary roles. The Commanding Officer of CSUESL is also the Base Commander (BCDR).

Specific support functions include: ground support equipment (GSE) maintenance, navigational aids, motor transport, fuel supplies, base defence and weapons training, security and police, medical and dental, legal, chaplaincy, psychology, physical fitness training, armament/explosives facilities and expertise, funerals and burials, unit welfare and family support services.

Reserve Legal Officers attend the base on a regular basis to provide a wide range of legal services, including the preparation of wills and initial civil and military legal advice for ADF members.

Legal Services are available by appointment only. Contact details can be obtained from the DSG Customer Service Centre on Tel: (03) 5146 6531.

Central Flying School (CFS)

The current responsibilities of the CFS consist of training qualified flying instructors (QFIs) for the Australian Defence Force, conducting flying refresher and QFI refresher courses, examining QFI and Instrument Rating Examiners and providing low-level aerobatic displays, notably by the RAAF formation aerobatic team, the Roulettes. Through the QFI training and examining roles, CFS is responsible for the maintenance of pure flying standards in the ADF.

Current Tasks of CFS

■ **Flying Instructors' Course (FIC)**

The FIC has been the main task of CFS since the unit was formed in 1940. Students are selected from RAAF operational squadrons and undergo a 17-week course on the PC9 and CT4, flying a total of 100 hours. The course prepares the student (QFI) for employment at 2FTS Pearce and ADFBFTS Tamworth, training RAAF's future operational pilots.

■ **Examining**

CFS is charged with the maintenance of flying instructor standards throughout the ADF. Each instructor at flying school or operational unit is examined by CFS once per year to assess their standard of flying instruction, level of flying skill associated with demonstrations, and also their standard of knowledge of aviation topics. CFS examiners are themselves checked annually by executives of CFS. Each year, CFS conducts more than 300 flying tests on QFIs and instrument-rating examiners, in addition to some 50 standardisation sorties at flying schools with staff and students.

CFS also conducts a considerable number of flying refresher courses for officers returning to flying duties following a period of ground

appointments. Whenever possible, CFS attempts to initiate concepts that relate to pure flying or instructional matters service-wide.

School of Air Warfare (SAW)

On 1 January 2008 the School of Air Navigation (SAN) changed its name to the School of Air Warfare (SAW) after the creation of the Air Combat Officer (ACO) specialisation. The emphasis of SAW's training has moved towards developing mission and battle space commanders. ACOs are an amalgamation of the groups known as Navigators, Air Defence Officers and Airborne Electronic Officers. SAW will carry on the SAN tradition of training aircrew, photographers and others to meet the needs of the ADF.

SAW also conducts postgraduate courses in aircraft integrated systems, weapons employment, and has been the primary provider of Photographic Training for the RAAF and RAN since December 1999, when the School of Photography was disbanded and became SAW Photographic Training Flight. The Flight delivers basic photographic training and a range of additional postgraduate photographic courses including: Digital Imagery Course, Imagery Production Managers Course and Photographic Resolution Aerial Course.

School of Air Traffic Control (SATC)

The role of the school is to provide initial and postgraduate training for all ADF personnel and selected foreign students under the Defence Cooperation Programme (DCP). The aim is to graduate all students with the highest possible standard of professional and officer competence. To achieve this, the school makes use of computer-generated audiovisual teaching aids and simulators.

Courses include the ATC course, the ATC instructor course, the ATC training officer course, the In-flight Emergency Response course and the ATC supervisor course.

Throughout 2008, SATC will be having a major upgrade to the Tower simulators to ensure that students will benefit from the latest technological advances.



No. 32 Squadron

The Squadron is responsible primarily to Air Force Training Group, through Air Training Wing, for providing air assets to enable the conduct of *ab initio* Air Combat Officer training for the RAAF, Navigators for the RNZAF and Observers for the RAN. As a secondary role, No. 32 Squadron undertakes light transport tasks for the Australian Defence Force and associated organisations. The Squadron is equipped with eight King Air 350 (B350) aircraft. These aircraft can be set up in a transport configuration consisting of airline-style seats or with the Airborne Navigation Trainer (ANT) in the main cabin for Air Combat Officer and Navigator training.



No. 44 Wing Air Traffic Control Detachment East Sale

No. 44 Wing was reformed on 27 November 2000. It is part of the Surveillance and Response Group and has detachments in Amberley, Darwin, East Sale, Edinburgh, Nowra, Oakey, Pearce, Richmond, Tindal, Townsville and Williamtown. The main function of No. 44 Wing Detachment East Sale is to manage airspace and provide for the safe, orderly and expeditious control of flying operations. It also provides Ground Electronic Services in support of this task.

Training Aircraft Systems Program Office (TASPO)

TASPO is an ISO9001 certified organisation established to provide contract management, integrated logistics and engineering support for the RAAF's fleet of PC9/As and leased King Air B300 aircraft. The PC9/As are located at RAAF Base Pearce (WA), ARDU (SA), FACDU Williamtown (NSW) and East Sale. The Beechcraft King Air 350s are located at East Sale.

The PC9/A is used for training of pilots, qualified flying instructors, forward air control, public relations, test and evaluation support and the leased King Air B300 for the training of navigators. Specific engineering and logistical support provided includes engineering, airworthiness authority, spare parts provisioning, repairable item management and maintenance policy management. There is also the administration support side of TASPO, which is responsible for quality management, registry/records management, training and resources.

A new role for TASPO is the project work resulting from the needs analysis of training aircraft upgrades and/or replacement aircraft.



409 Squadron Australian Air Force Cadets

The Air Force runs the Australian Air Force Cadets and, if you are a boy or girl aged between 12½ and 18, you can join and stay on as a cadet until you are 20. Here is your chance to learn a lot about aircraft and flying. Many air cadets go on to join the Air Force or find a valuable, exciting career in civilian aviation. The Australian Air Force Cadets will help you develop and could make getting a job easier, no matter what you decide to do with your life. You will learn to lead others and be promoted within the Australian Air Force Cadets. You will be able to do things for yourself and help your friends learn, too. There is a wing in every state and in each wing there are local squadrons, which usually meet one evening a week during school terms. Squadron activities are supervised by instructors and officers, as well as senior cadets. So call now and we can help you reach for the sky. Contact 409 Squadron on Tel: (03) 5146 6581, Tuesday evenings during school terms.

Australian Air Force Cadets 409 Squadron (East Sale) provides support and guidance on the values of the RAAF and the AAFC. Squadron parades are conducted Tuesday evenings (during school term) between 6.30pm and 9.30pm.

Squadron
Commanding Officer
Tel: (03) 5146 6580

Administration
Administration Officer
Tel: (03) 5146 6581
Fax: (03) 5146 6584

Defence Support East Sale (DS-ESL)

DS-ESL is responsible for services that enable the resident and visiting ADO groups to perform their operational and managerial tasks. Some areas of responsibility are:

- library services
- printing services
- technical publications
- some personnel services.

The Customer Service Centre (CSC) is located in Building 115 on the corner of Catalina St and Battle Ave. Staff are able to provide information and guidance on DSG products and services. For enquiries or further information,

Tel: (03) 5146 6531
Intranet: defence.gov.au/dsg/servicedirect

Through this website there is a link to services provided under the web-based Defence Estate Management System (DEMS), which now includes Comprehensive Maintenance Services (CMS) and Garrison Support Services (GSS).

Work requests for the following services can be lodged directly online, or alternatively ring the Defence Support Garrison and Facility Services Centre (DSGFSC) on Tel: (03) 9256 2219, which is available 24 hours a day.

General Estate Works Management (GEWM) offers:

- routine repairs and maintenance
- minor planned works
- emergency/immediate and urgent maintenance.

Garrison Support Services (GSS) offers:

- hospitality and catering
- cleaning
- waste removal
- air support
- laundry
- grounds maintenance
- stores
- fire fighting
- fuel management (POL)
- sports and recreation
- range management and access control.

Other questions can be directed to the CSC for appropriate referral.

Procedures on Base

Arrivals – Reporting Procedure

Monday–Thursday: 7.40am–5pm

Friday: 7.40am–1pm

On arrival, uniformed personnel are to report to their Unit Orderly Room or to the Military Personnel Administration Cell in the Base Headquarters Building (for personnel posted to base support elements) for inwards clearances. Temporary rental allowance, temporary accommodation allowance, housing and removal administration are dealt with by the Defence Housing Authority at 90a Raymond St, Sale

Tel: (03) 5143 6500.

Personnel who arrive during stand down should report as above on the next working day.

Vehicles

New personnel should pay particular attention to restricted parking areas on the base, which are marked clearly on the pavement, and to speed limits. The maximum speed limit on base is 40km/h and 10km/h at the gate.

Personnel coming from interstate should check licensing and registration requirements, which currently require a Victorian driver's licence once the interstate licence has expired, and for vehicles to be registered on permanent residence in Victoria.

Entry to Base

The Base Commander approves the right of entry to the base. Identification (ID) cards must be produced at the front gate for entry. All persons over the age of 16 wishing to enter the base must be in possession of an ID card, visitor's pass or a dependant's pass, or be accompanied by an authorised pass holder.

Firearms

All persons intending to carry a firearm into Victoria must check with the Sale police for local information regarding licences, laws etc.
Tel: (03) 5144 2244

Electoral Enrolment

New long-term members and eligible dependants must fill out an electoral enrolment form, available from the base post office, as soon as possible.

Education

Regional Education Liaison Officer (REDLO)

The Regional Education Liaison Officer (REDLO) can provide you with information and advice about the education system in your posting locality and the Education Assistance Scheme available through the Department of Defence.

The DCO booklet, *Education – Victoria*, is available from the REDLO and contains information about preschool, primary, secondary and tertiary education in Victoria. It also covers services available for children with special needs, information on changing schools and details of the Education Assistance Scheme.

Defence School Transition Aides

Defence funds Defence School Transition Aides in a number of schools in the state. Defence School Transition Aides (Primary) and Defence Transition Mentors (Secondary) are employed to assist families as they relocate to a new school.

They can:

- organise activities that welcome and farewell ADF families and help them settle into the new school community
- assist the school to understand the needs of ADF parents and their children
- inform the school and support families if ADF members are deployed
- help families with special needs

- assist families collect work portfolios and academic records or reports for the new school
- act as a point of contact for ADF families in the new school.

The DSTA helps all Defence children at the school should they seek or require assistance. It is not intended that the DSTA work with one child on a long-term basis.

Contact the REDLO for further information.

REDLO Victoria Contact Details:

Tel: (03) 9282 3006

Email: redlo.victoria@defence.gov.au

Handy Contacts

Edline

Tel: 1800 809 834

TAFE Line

Tel: 13 18 23

Victorian Government Schools

Internet: www.education.vic.edu.au

Internet: www.vic.edu.au/schoolsonline

Catholic Education Office

Internet: www.cecv.melb.catholic.edu.au

Association of Independent Schools

Internet: www.ais.vic.edu.au

Tertiary Courses (VTAC)

Internet: www.vtac.edu.au

Wellington Shire Council (encompassing Sale)

Internet: www.wellington.vic.gov.au

Employment

The Services Workforce Access Program for Partners (SWAPP) Select

SWAPP has been enhanced with the new SWAPP Select, providing a greater selection of employment-enabling initiatives to assist an ADF partner become job ready and gain employment in the new posting locality. These initiatives include:

Professional Employment Services

Funding of up to a maximum of \$2,500 is available for a partner to choose a professional agency to provide some or all of the following services:

- career transition assessment and advice
- job search techniques and strategies
- preparation and presentation for interview
- application and selection criteria preparation
- identifying training options
- identifying job options.

Training

Assistance with individual training required to secure immediate employment is available, up to a maximum cost of \$2,500. Training can either be as a direct result of an employment offer, or identified by your professional service provider as enhancing your prospects of gaining immediate employment. The training must be completed within 12 months.

Personalised Resume Preparation

Funding assistance is available to a maximum of \$500 for a partner to choose a professional agency to prepare their resume. Alternatively, a resume preparation CD is available through your local DCO office, which provides assistance in preparing your own resume.

Child Care

Reimbursement of childcare costs, up to a maximum of \$250 per child, is available while you pursue job search activities, for example: travelling to appointments; participating in training; preparing job applications; or attending interviews.

Internet Access

If you are posting to a specified 'very remote locality', assistance with funding internet access costs, up to \$30 per month, is available to allow you to undertake distance learning that could enhance your employment opportunities.

Professional Registration Expense Payments (PREP)

If you post to a new locality and are required to re-register or undertake a short upgrade course of up to 12 months in duration (inclusive of university or TAFE) in order to obtain the same employment opportunities you had in your previous locality, this cost can be reimbursed under PREP.

Family Day Care

Funding is available under the Extended Child Care Program (ECCP) to assist with the mandated initial set-up costs incurred by Defence spouses commencing employment as carers with registered Family Day Care schemes.

For more information on how to become a family day care provider, or where to find your local family day care scheme, please contact Family Day Care Australia.

Fringe Benefits Tax (FBT)

Assistance provided under SWAPP Select and the ECCP will attract FBT. Further information on this is available on the DCO website.

Further Information

Further eligibility information for SWAPP Select and the ECCP, including application forms, can be obtained from your local DCO office and on the DCO website at

<http://www.defence.gov.au/dco>

Children's Services

Defence Child Care Program

The purpose of the Defence Child Care Program is to aid mobility by facilitating priority of access to child care for Defence families where the local community is unable to meet the demand for child care places. Accordingly, the program is focused on ensuring mobile Defence families can access some form of child care on arrival in the gaining locality. This is achieved through a variety of centre and non-centre based child care. Defence does not directly subsidise the cost of any form of child care for Defence families, nor is child care an entitlement.

Defence Child Care Centres

All Defence/Corporate Child Care Centres across Australia are managed for Defence by ABC and are required to meet the state/territory Child Care Regulations for licensing and the

requirements for Child Care Benefit (CCB).

The centres provide priority of access to Defence families in accordance with Defence's Priority of Access (POA) guidelines.

The ABC East Sale Child Care Centre is located on Heart Road, just inside the base entrance, right next to the East Sale Kindergarten. Built in 2005, the centre offers care Monday–Friday, for up to 50 children. Children can attend from ages six weeks to five years (or school commencement if over five years) on a permanent, part-time or casual basis. Contact the Centre Director on Tel: (03) 5146 6717.

A full list of the centres and the Defence POA guidelines are available on the DCO website.

National Enrolment Call Centre

The ABC National Enrolment Call Centre can be contacted on Tel: 1800 222 543 for Defence families to:

- access placements in Defence/corporate child care centres
- book child care in the preferred location in advance of relocating to that area
- receive information on other centres in a general line of travel between work and home, if child care is not available in the family's preferred centre
- receive information regarding employment in Defence/corporate child care centres.

Family Day Care

Family day care is home-based child care by a qualified, monitored family day care provider. You can contact the schemes in your area through Family Day Care Australia.

Handy Contacts

Defence Community Organisation
Internet: www.defence.gov.au/dco/childcare.htm

ABC
Internet: www.childcare.com.au
Tel: 1800 222 543

Child Care Access Hotline – provides up-to-date information about childcare options and locations:
Tel: 1800 670 305

Department of Families, Community Services and Indigenous Affairs
Internet: www.facsia.gov.au

The National Childcare Accreditation Council (NCAC)
Internet: www.ncac.gov.au

Family Day Care Australia
Tel: (02) 4320 1100 or 1800 658 699
Internet: www.familydaycare.com.au

Playgroups

RAAF East Sale Playgroup meets on Mondays, 10am–12pm. Sessions are held in the rooms and outdoor play area adjacent to the base chapel. There is a soft play area and equipment for indoor activities. Defence families and civilian members are welcome.

Each session has a supervised activity in which children (and mums/dads) can participate. Make new friends and learn new ideas for fun at home.

For more information, contact:
Family Liaison Officer
Tel: (03) 5146 6030

Kindergartens

The RAAF East Sale Kindergarten is located on the RAAF Base. It is open to RAAF and civilian families. The kindergarten is set in a safe and secure position and has very good facilities. Both staff members are fully qualified. Management of the kindergarten is the responsibility of the committee, which is formed from the parent members.

The kindergarten offers an educational program for three- and four-year-old children, to enable the enjoyment of learning through carefully planned play experiences. A variety of indoor and outdoor activities are available, including excursions and visits.

For further information, contact the kindergarten on Tel: (03) 5146 6723.

East Sale Kindergarten
Heart Rd, RAAF Base East Sale
Four-year-olds program hours:
Tue/Thur 9.30am–2.30pm.
Three-year-olds program hours:
Fri 9.30am–1pm.

There are seven kindergartens in Sale, including one on base. Children must turn four before 30 April to attend kindergarten for that year. Allocation of places in kindergartens is based on the preferences of parents for type of program and/or kinder location. In the event that insufficient places are available in a kindergarten for all children, older children are more likely to be placed in the kindergarten of their first preference.

Four of the Sale kindergartens operate on a central booking register. Enrolments for these four kindergartens are managed by representatives from each kindergarten, who form a combined enrolment committee.

Tel: (03) 5144 1663

After-School Care Program – Whizkidz

An after-school care program is available for school-aged children during school terms. Children are transported each day by school bus from their schools to the care program at 1 Dawson St, Sale. Hours are 3–6pm Monday–Friday during school term. Child Care Benefit, at least at the minimum rate, is available for all families. Please confirm with your school if bus access is available.

Tel: (03) 5144 7711

School Vacation/Holiday Care Program

Activities, excursions and visits are all included in the program, based at the OA Ruff Sports Centre in Palmerston St, Sale. Organised through the Wellington Shire Council. Child Care Benefit may be applied for.

Contact: OA Ruff Stadium, Palmerston St, Sale
Tel: (03) 5142 3432

or Wellington Shire Council

Tel: 1300 366 244

Internet: www.wellington.vic.gov.au

Toy Library

Wellington Toy Library Inc. provides a range of toys, games and activities for children from birth to 12 years, including larger toys/play equipment that are often difficult for Defence families to transport and store when posted.

Veterans' Centre, 82–88 Macalister St, Sale
Tel: (03) 5144 6728

Hours: Tues 10am–1pm and
Friday 2.30–4.30pm.

Special Needs

When Defence families with special needs are posted, they might have difficulties accessing the services they require. These problems tend to relate to obtaining (or keeping) appropriate specialised equipment, waiting lists for accessing respite or therapy services in the new locality, and having appropriate accommodation that caters for the additional requirements of the family member with special needs.

In order to address some of these difficulties, Defence has a comprehensive program of assistance and support measures that can be accessed by ADF families who are formally recognised as having a dependant with special needs. The Dependants with Special Needs Program includes:

- a procedure whereby families can have their status as a special needs family formally recognised and reviewed by Defence
- a procedure whereby families can have their special needs status reviewed prior to relocating (required where families are seeking assistance in the new posting locality)
- a special needs pre-posting visit
- assistance to access specialised equipment in the new locality
- assistance to access therapy services in the new locality
- assistance to access respite services in the new locality
- assistance in the provision of appropriate housing and transit accommodation.

Contact your local DCO office for more information or to make an appointment to formalise recognition or for an assessment of assistance on posting.

Children with Special Needs

The decision on where to enrol a student, and with what level of support, will depend on a number of factors, including the student's educational needs, the expressed desires of parents and caregivers, the capacity of the education system to provide the level of support services required generally and at a particular location, and the availability of appropriate support services at alternative locations.

It is important that parents of children with special needs contact the REDLO as soon as notification of posting is given to facilitate the appropriate placement, so that the support is available for the student from the time of arrival at the new school.

Relocations and Housing

Defence Relocations and Housing Manager

Defence Relocations and Housing Managers are employed to assist ADF members and their families by liaising with DHA, Toll Transitions and the Defence Community Organisation in each region to make their relocation easier for them and their families. If you have an enquiry regarding your housing maintenance/allocation or relocation services, do not hesitate to contact your local Defence Relocation and Housing Manager listed below.

Area	Names	Telephone	Mobile	Fax
Southern Victoria	John Gaffney Christine Sarkies	(03) 9282 3667 (03) 9282 3628	0407 462 437	(03) 9282 3684 (03) 9282 3684

Defence Housing Australia



Defence Housing Australia (DHA) delivers a range of housing and relocation services through a network of Housing Management Centres (HMCs) across Australia. DHA will help you and your family find a suitable service residence or other permanent accommodation in your gaining location. DHA is your first point of contact for relocations, allocations, emergency maintenance or queries you have regarding your housing needs.

For information about your removal, entitlements, allowances, or for help with any aspect of your move, please contact your local Housing Management Centre.

Handy contact information:

Defence Housing Australia
National Call Centre
Tel: 1800 249 711

Australia-wide 24-hour maintenance hotline
Tel: 1300 366 615

DHA website: www.dha.gov.au

Toll Transitions



You can complete your inventory online, in your own time at www.tolltransitions.com.au/defence. When you need to, you can save the inventory and return to it when you have the time. You can re-use the inventory every time you relocate. Simply log onto the website and amend your stored inventory.

You can download the 'Easymove Guide' from the website. DHA will also provide you with a hard copy of the guide when you are relocating.

After your move, in the unfortunate event of loss or damage, you can submit your Notice of Loss or Damage online direct to Toll Transitions' Warranty Management Centre (WMC).

For 24-hour relocation enquiries and assistance contact Toll Transitions on Freecall Tel: 1800 819 167.

Health

Hospital and Medical Facilities

The medical needs of Sale and surrounding districts are well served by numerous general practitioners and the Central Gippsland Health Service, including hospital, community health and specialist allied health and nursing services.

There are GPs in Sale, Maffra and Stratford. Locations and phone numbers can be found in the Yellow Pages of the local directory. Sale is also well serviced by specialist visiting practitioners and two local paediatricians. Chiropractic, optometry, dentistry and physiotherapy services are all available.

There are several alternative health therapists in Sale, conducting shopfront and home-based practices.

Hospital

Central Gippsland Health Service
Guthridge Pde, Sale
Tel: (03) 5144 4111

Provides full casualty, outpatient, pathology, X-ray, intensive care and operating facilities.

Health Services

Central Gippsland Health Service
Guthridge Pde, Sale
Tel: (03) 5144 4111
Email: CGHSLIB@cghs.com.au

Asthma Education
Tel: (03) 5143 8800

Home and Community Care Services
via Intake service
Tel: (03) 5143 8488

Maternal and Child Health
Tel: (03) 5143 8697 (Sale)
Tel: (03) 5145 6443 (Stratford)
Tel: (03) 5147 0138 (Maffra)

Gippsland Women's Health Service
Tel: (03) 5143 1600
Freecall: 1800 805 448
Internet: www.gwhealth.asn.au

Grow (Mental Health) Support Group
Tel: 1800 604 066

Ambulance

124 Cunninghame St, Sale
Tel: (03) 5142 0151
Emergencies Tel: 000

Dental

For a complete list of local dentists, check the Yellow Pages of the local telephone directory. Please allow up to six months for an appointment.

School Dental Service
Tel: (03) 5144 3166

Health Insurance

Serving members and Defence civilians requiring private health insurance are encouraged to consider the competitive products offered by Defence Health.

Details: Defence Health
Tel: 1800 335 425

Medicare

Office: 301 Raymond St, Sale

Tel: 13 20 11

Hours: 9am–4.45pm.

Immunisation

The local council holds regular immunisation sessions in the Wellington Room, Council Offices, Princes Highway, Sale (70 Foster St).

Further information:

Wellington Shire Council

Tel: 1300 366 244

Internet: www.wellington.vic.gov.au

Please contact Wellington Shire Council for dates and times.

The Health Services Flight (HSF)

HSF provides medical services to all Defence Force personnel.

SMO is available for appointments Monday to Thursday 10.30am–4pm and Friday 10.30am–12.30pm.

Dr Heather Hunter (current locum GP, 2nd MO) is normally available for appointments only, for the morning sessions on Tuesday, Thursday and Friday. All appointments are to be scheduled through the administrative staff as above.

Sick parade, between the hours of 8am and 10am, is for 'sick parade' members only and they must seek medical attention through the treatment room, prior to being reviewed by the medical officer. All other medical appointments can be arranged with the front desk medical staff,

Tel: extn 66266/66265.

All members seeking medical assistance after hours are to contact the duty medical mobile phone on Tel: 0427 826 168. If you are unable to make contact with the duty medical member, contact the nation-wide ADF emergency medical number on 1800-IM-SICK (1800 467 425). This will redirect you to HSF Williams, where a medical member will provide you with appropriate assistance and an approval reference number to seek medical attention.

Physiotherapy is available Monday to Friday by appointment, referrals from medical officer required.

Dietician is available the first Wednesday of each month, referrals from medical officer required.

Pharmacy hours are Monday to Thursday 8.30am–3pm and Friday 8.30am–12pm.

The dentist is available for appointments Monday to Thursday. All appointments are to be arranged through the dental staff.

Defence Community Groups

Defence Special Needs Support Group (DSNSG)



The DSNSG is a national volunteer organisation established to provide support, information and assistance to Defence families who care for someone with a disability or special need. Membership is free. Services provided include local support groups, respite program, posting plans, specialised support for adults with special needs, Computers 4 Kids, access to grants, national newsletter, social skill programs for children and much more. For more information contact the National Office.

National Coordinator

Margaret Fisk

Tel: 1800 037 674

Internet: www.dsnsng.com.au

Defence Families of Australia (DFA)



Defence Families of Australia (DFA) has been representing the views of Defence families for more than 20 years. It is a voluntary group of energetic and dedicated Defence spouses appointed by the Minister assisting the Minister of Defence. We are in the unique position of having access to the minister, senior Defence members and key organisations that directly impact on the lives of Defence families.

DFA's aim is to improve the quality of life for Defence families by providing a recognised forum for their views and by reporting, making recommendations and influencing policy that directly affects families. The DFA Executive attracts volunteers from all services and ranks, to ensure we represent families adequately and understand the issues at all levels. We are all living the unique lifestyle that comes from being married to a Defence member. DFA also recognises that families today are very diverse and face different challenges as they move through their phases of life.

Geographically, DFA volunteers are located all around Australia, representing families at a local, regional and national level.

Our national delegates are located in each state and we try to have a senior representative on each base around Australia. We rely on good communication between each other and families in each region to ensure that, when issues are raised, they are taken to the appropriate stakeholder at a local level or, if necessary, raised to a national level.

How can you be involved in DFA?

If you are interested in learning more about DFA, or becoming a volunteer in your area, please contact your local national delegate or check out our website.

Up-to-date family/spouse information is available on our website: www.dfa.org.au.

If you need help or advice:

Tel: 1800 100 509

East Sale Family Group Inc (ESFG)

ESFG facilitates groups and social activities on base, aimed at providing an opportunity for service families to meet new friends and make links to other base and community groups.

The ESFG is located on base in Wapiti Avenue, alongside the East Sale Post Office. Presently the group organises the following:

- Movers and Shakers: a fun and caring group of Defence spouses, who offer friendship and support in a variety of activities: e.g. walks around Lake Guthridge (children, prams and bikes welcome); morning tea; bus trips; BBQs etc. There is always a warm welcome for you to join in on some or all activities if you wish. We encourage and welcome new ideas and input.
- the bi-monthly base newsletter 'The Umbrella' is also produced by the ESFG. It contains details of local activities and groups that are running. Please ensure your contact details are with the Family Liaison Officer so that you receive your copy.

For details, please contact Family Liaison Officer (FLO) Tel: (03) 5146 6030.

Local Community

Sale

Location: 212km east of Melbourne.

Sale's prosperity grew on the flurry of excitement generated by the Omeo, Stringers Creek (Walhalla) and Crooked River gold rushes. Although settlement had begun soon after the explorer Strzelecki passed through in 1840, it was Sale's strategic location on the route between Port Albert and the gold diggings that saw it develop. Latter-day prosperity has stemmed from its proximity to the vast offshore oil and gas fields of Bass Strait and as the home of the RAAF Roulettes.

Weather

Sale is a generally flat area with very few hills. Located approx 35km away are Seaspray and Golden beaches, part of the famous Ninety Mile Beach. The foothills of the Great Dividing Range are only 30km away.

Summers in Sale are generally warm. The average maximum and minimum temperatures in summer are 32°C (max), 12°C (min) and in winter 14°C (max) and 4°C (min). Rain is occasional. The months of September–November are often characterised by windy, gusty afternoons. Frosts are common throughout winter. Generally, the temperatures allow a pleasant comfortable outdoor lifestyle throughout most of the year.

Locality Information

Places of interest

The Swing (Latrobe) Bridge, built in 1883 by the Victorian Government, was the first movable bridge built in Victoria. Designed by John Grainger (the father of famous Australian pianist and composer Percy Grainger), this bridge during the 1880s opened by pivoting horizontally on a set of central piers. The bridge keeper would be summoned, day or night, to open the bridge by the whistle of ships travelling along the Latrobe River.

The Sale Canal was built in three stages beginning in 1886. Much of the work was done by hand, with pick and shovel. Technology did, however, come to the rescue eventually, involving the use of Chesney's patent automatic earth scoop and William Forbes' traction engine. The Port of Sale was established in 1890.

For further information, contact the Sale Visitor Information Centre

Tel: 1800 677 520

Internet: www.gippslandinfo.com.au

or the FLO

Tel: (03) 5146 6030



Roulette Cinema

Roulette Cinema is located on base at the corner of Hudson Ave and Catalina St. Screenings are Tuesday and Saturday nights, at 7.00 pm. Children's matinees are held randomly during the year and during school holidays. ADF members, their families and sponsored civilians may use this facility. Civilians can visit the cinema by obtaining a temporary visitor's pass at the front gate, or by becoming members of the Cinema Club and obtaining an entry pass. Contact the Cinema Club Manager below for more details.

Adult cinema admission prices are very reasonable, and currently are: \$6; children (four–14), \$3; ADF3 Cadets in uniform, \$3. Children aged up to and including three years are admitted free. Adults are admitted to children's matinee sessions at children's prices where advertised. Children or ADF Cadets at an MA15+ film, \$6. A wide range of food and drinks is available at the candy bar for the lowest prices in town.

Cinema programs are available monthly via the cinema entrance, base post office, unit orderly rooms and bi-monthly in the RAAF East Sale Family Group Newsletter, 'The Umbrella'. The cinema has a website that also lists movie schedules, provides summaries of movies and other cinema information.

For details please contact
Tel: (03) 5146 6714

RAAF East Sale Flying Club

The recently reformed RAAF East Sale Flying Club provides the central hub for Ultralight, gliding and general aviation activities at East Sale. The club operates from its own hangar, which provides excellent protection for club and visiting aircraft. There are generous club facilities, which include dedicated rooms for pilot briefing, instruction and social functions. Membership is available, but not limited to, RAAF members and their dependants, full-time civil employees and AAFC cadets.

The club has a website on the DRN. Look under Air Force Locations and select ESL Flying Club from the drop-down menu. Further information can be obtained by contacting the president, FLT LT Dan Compton, on Tel: (03) 5146 7430 at 32 SQN.

Hobby Hangar

Tel: (03) 5146 6722

The base hobby hangar is situated on the far eastern side of the base, adjacent to the base fuel depot. The hobby hangar provides club members with facilities to maintain boats and cars and has general woodworking and engineering facilities. The hobby hangar can be used by all serving Australian and Sale-based foreign Defence Force members, Defence civilians or Defence contractors, or their dependants. There is a small one-off joining fee. Membership continues until the member is discharged or posted to another unit.

Sporting Facilities

The base provides a range of sporting facilities including a squash court, tennis courts, gymnasium, volleyball, basketball and badminton courts, swimming pool, playing fields, ovals and a golf course.

During the period 1 December – 31 March, the swimming pool is open daily and is available for use by all RAAF personnel and their families and civilian personnel employed on the base, free of charge. Uniformed members can use the pool from 6am–9pm; civilians only while a lifeguard is on duty, 12–8.30pm.

Base Library

The base library is located on the corner of Hudson Ave and Anson St (Building 122 near the post office). There is a large selection of popular novels, technical and general interest books, magazines and videos. Open during business hours, the library is available to serving members and their dependants. Internet access is provided by the RAAF Welfare Association.

Tel: (03) 5146 6096

Services on Base

Credit Unions

There are two credit unions on base, located right next to each other, in Wapiti Lane.

Australian Defence Credit Union

9am–4pm Mon–Fri

Tel: (03) 5146 6870

Email: eastsale@adcu.com.au

Defcredit

9am–4pm Mon–Fri

Tel: (03) 5146 6719

Internet: www.defcredit.com.au

Hairdressing

A full range of hairdressing services is available by appointment. The base hairdresser, Aircuts, is located beside the credit unions on base, and is open Tuesday–Thursday, 9.30am–4.30pm and Fridays, 1pm until late (by appointment only).

Tel: (03) 5146 6721

Post Office

Tel: (03) 5146 6726

The on-base post office provides all normal postal facilities, including mail boxes, electricity, gas and Telstra account payments, and is an agency for the Commonwealth Bank. Eftpos is available. There are no home mail deliveries. Post office boxes can be hired, or arrangements made to collect mail from the post office or forwarded to the member's workplace.

Hours: Mon–Thurs, 9am–5pm

Fri, 9am–2.30pm

Outward mail closes 2pm daily.

Inward mail is received by 9am and sorted by 9.30am daily.

Tracey's Place

Tracey's Place is attached to the post office and replaces Frontline services. Newspapers, magazines, dry cleaning and a good range of eat-in or take-away foods is available, along with drinks, milk, confectionery, gifts etc.

Milk

Milk can be purchased daily from Tracey's Place.

Newspapers

Can be purchased daily from Tracey's Place.

The local newspaper can be picked up (free) on Tuesday from the messes.

Welfare Store

The welfare store has a range of camping and leisure equipment available for short-term hire.

The store is open by appointment. Bookings can be made on Tel: (03) 5146 6571.

Garbage

On-base garbage is removed on either Tuesday or Thursday mornings.

Recycling is collected on Monday mornings.

Shopping Facilities

Sale's main shopping street is Raymond Street, where all the major banks are located. Located in Cunninghame Street, just off the Raymond/Cunninghame intersection, is Gippsland Centre Sale, a large shopping centre mall with more than 30 speciality shops and major traders such as Target, Coles, Safeway and Best & Less.

Late-night shopping is Friday night.

Sale Markets

General market held every 3rd Sunday of the month near Port of Sale.

Farmers' market held every 3rd Saturday of the month near Port of Sale.

Restaurants

Sale has a variety of restaurants, cafes and fast-food outlets catering for various tastes. Some offer a Defence discount.

Sporting and Leisure Facilities

The region promotes itself as having interests from the mountain to the sea, and consequently lots of the leisure activities in the region relate to water sports, beach activities, nature trails and wilderness activities. Camping, fishing, four-wheel-driving, bushwalking and cycling are popular leisure activities in the region. Because of the proximity to the Gippsland Lakes, water sports are very popular. There is an active sailing club at nearby Marley Point on Lake Wellington and a surf lifesaving club at Seaspray.

The Sale Golf Club is situated at Longford, about 5km south of Sale. It is an 18-hole, par 70 course. Maffra Golf Club is also a popular local 18-hole, par 70 course, located approximately 20km from Sale. There is also a par three pitch-and-putt course in Dargo St, Sale.

Snowfields at Mt Hotham and Mt Baw Baw are located approximately three-and-a-half hours' drive from Sale. There are a number of closer areas where skiing is possible within approximately two hours' drive from Sale, such as Mt St Gwinear, however, facilities are only basic at these sites.

Sale has a strong sporting community with a large, diverse range of options from archery to volleyball.

Sale Show

November each year.

Sale Cup Day

October each year.

General Services

Shire Services

■ Wellington Shire Council

70 Foster St
Tel: 1300 366 244 (freecall)
Internet: www.wellington.vic.gov.au

Sale Service Centre, Foster St
Tel: (03) 5142 3333

■ Tourist Information Centre

8 Foster St
Tel: (03) 5144 1108
Internet: www.gippslandinfo.com.au

■ Library

75 Macalister St
Tel: (03) 5144 2258

Essential Services

Gas and Electricity

Recent legislation was introduced to enable consumers to choose their gas retailer. Retailers offer customers various price and service packages. You should consider and compare what each retailer is offering.

Origin Energy
Tel: 13 24 61
Electricity and gas

TRUenergy
Tel: 13 34 66
Electricity and gas

Telephone Connection

Telstra
Tel: 13 22 00
Optus
Tel: 1300 300 937

Water Restrictions

Sale and surrounding areas are currently on water restrictions. For further information, please call Gippsland Water's service centre on Tel: 1800 057 057.

Garbage Disposal

Two bins are provided to each residence. The 120-litre garbage bin is collected weekly by a solo-operated truck. The 240-litre bin is for recycling and is collected fortnightly. Contact Wellington Shire Council on Tel: 1300 366 244.

The tip/transfer station is located in Stevens St, behind Stephenson's Park.

Mon, 8am–12pm
Wed, 9am–5pm
Fri, 1pm–5pm
Sat and Sun, 9am–5pm

Transport

Defence Driving Licence Scheme

With the exception of Victoria and the Northern Territory (NT), Commonwealth, state and territory authorities implemented a Defence Driving Licence Scheme (DDLS) for ADF personnel and eligible members of their families. Under the DDLS, personnel and their families' driving licences are recognised throughout Australia and thus no requirement exists to change a driving licence solely because of a transfer interstate. On expiry, however, licences must be renewed in the current state or territory of residence.

Transport To and From Sale

■ Road

Sale is located on the Princes Highway (Highway 1), linking Sale directly to Canberra (approximately 530km distance) and Melbourne (220km distance). Access from the north via the Great Dividing Range is more difficult, winding through mountains on (mostly) sealed roads that can occasionally be closed through the winter. The major route from the north is the Omeo Highway.

■ Bus

Sale has a local bus service for transport to the shopping centre.

Most schools have access to the school bus system.

■ Rail

Three trains leave for and arrive from Melbourne daily from Sale. The journey takes approximately three hours. Reservations/contact VLine on Tel: 13 61 96.

■ Air

West Sale has a small airfield, however, there are no direct flights from Sale to Melbourne or Sydney.

Driving – General

Eligible family members of ADF personnel are required to convert to a Victorian licence or permit if they reside in Victoria for a continuous period of more than three months. If an eligible family member holds a licence permit in another Australian state or territory, it will be converted to a Victorian one at no fee, without tests.

Further information can be obtained from Vicroads.

Tel: 13 11 71

28 Princes Hwy, Sale
(next to King Ave Comfort Inn)

■ Vehicle registration

Procedures for transferring registration differ depending on what state the vehicle has been registered in before registering in Victoria. Further information can be obtained from Vicroads.

Tel: 13 11 71

28 Princes Hwy, Sale.

Driving in Victoria

■ Right/Left Turns

Victoria was unique among the states in that it had a rule that vehicles turning right across oncoming traffic had right of way over vehicles turning left into the same street. This rule has now been changed to conform to the rules of the other states.

■ Speed Limits

The upper speed limit throughout Victoria is 100km/h, except on some country freeways, where it is 110km/h. It should be noted that red light and speed cameras operate throughout the state.

■ L and P Plate Drivers

If you are a learner driver or a probationary licence holder, you cannot drive with any alcohol in your blood.

■ Be Warned!

Preliminary breath testing (random breath testing) is conducted throughout Victoria.

Police can now require any driver to take a breath test. For a first offence, the penalty for refusing is a fine of up to \$1,200, immediate

licence suspension on demand and mandatory licence cancellation for two years.

■ Overhead Lane Signals

These are used to mark out lanes of traffic going in the same direction. When these lights are in use, make sure you travel in a lane over which a green or white arrow is showing. Stay out of a lane with a red X over it.

Cycling

It is compulsory for cyclists to wear Australian Standards-approved bicycle helmets in Victoria.

Cycling is a popular sport in Sale due to the many bike paths, flat terrain and close proximity of schools and workplaces.

Pet Care

All dogs and cats over six months old must be registered with the council. Annual registrations are due for renewal each April.

Kennels/Cattery

A list of boarding kennels and catteries can be obtained from the Yellow Pages.

Important Numbers

Defence Community Organisation

Building 530 Hudson Ave, RAAF Base East Sale
(Red brick building diagonally opposite the base library)

Fax: (03) 5146 6242

Social Worker

Tel: (03) 5146 6029

Family Liaison Officer

Tel: (03) 5146 6030

DCO Frankston

Tel: (03) 9783 9344

A/Hours Duty DCO via NWCC

Tel: 1800 801 026

REDLO

Tel: (03) 9282 3006

MSO – Frankston

Tel: (03) 9783 9344

MSO – Melbourne

Tel: (03) 9282 3008

RAAF Base East Sale

Tel: (03) 5146 6111

Ken Morrison Centre

Tel: (03) 5146 6043

Chaplain

Tel: (03) 5146 6040

Legal Officer, by appointment only.

Contact details can be obtained from the DSG Customer Service Centre.

Tel: (03) 5146 6531

Psychologist appointment

Tel: (03) 5146 6046

SECPOL

Tel: (03) 5146 6333

National Welfare Coordination Centre (NWCC)

Tel: 1800 801 026

Defence Health

Tel: 1800 335 425

Hospital – Sale acute campus

Tel: (03) 5143 8600

Police Station – Sale

Tel: (03) 5144 2244

Wellington Shire Council

Tel: 1300 366 244

Taxi

Tel: (03) 5144 3278

Child Protection Crisis Line

Tel: 1800 135 135

Kids Help Line

Tel: 1800 551 800

Lifeline Gippsland

Tel: (03) 5134 8278 or 13 11 14

Parent Helpline

Tel: 1300 364 100

Suicide Helpline

Tel: 1300 651 251

Poisons 24-hour Information Service

Tel: 13 11 26

Base Map





Australian Government

Department of Defence