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**FLTLT SCOT BUGG, RAAF -
ON A WELL DESERVED RESPITE**

After 22 years in the forces and a lot of time spent away from the family, the Bugg Family are happy to be together in Nowra, in their DHA home.

‘Nowra is a bit of a respite for us,’ says Scot Bugg.

‘When I’m deployed, I could spend six to eight months of the year away from the family which is definitely hard on us all. Being in Nowra has given me one of the most precious things - the time to be with my family.’

‘It’s true in more ways than one. We own our home in Adelaide so coming here is also a respite from all of that,’ says Mai Bugg.

‘It’s nice to own your own home and to be able to do whatever you like - but on the upside, in our DHA home we don’t have to worry about the usual pressures like landscaping the garden, and if something breaks we can call someone to fix it,’ says Mai.

‘We’ve got the best of both worlds at the moment – we’re renting our home out so we’re able to save some money; we’re receiving subsidised housing which is helping us get ahead; and we now have more time to focus our energies – it’s good,’ says Scot.

‘We know we’ll be back in Adelaide eventually, but for now we consider ourselves pretty lucky.’